

30 DAY CLARK CLUTTER-BUSTER CHALLENGE

Connecting People with Lifestyle Solutions...

1. Clean out the fridge
2. Clean out the freezer
3. Clean out the Tupperware drawer
4. Clean out the pantry
5. Donate shoes you don't wear anymore
6. Donate clothes you don't wear anymore
7. Go through your sock and underwear drawers
8. Clean up your makeup and throw out expired products
9. Clean up your bathroom cabinet
10. Clean up your linen cupboard and donate items you don't need
11. Clean up your towel cupboard and donate items you don't need (animal shelters accept used towels)
12. Tidy up your laundry cupboards
13. Go through photo collections and put them in albums
14. Go through your digital photo collections. Save some as your computer screen
15. Clean up your computer's folders. Make everything easy to find
16. Clean up your emails. Unsubscribe to newsletters you don't read anymore
17. Clean up your phone and delete apps you don't use
18. Sort through loose papers on your desk or in your office. File them in folders or drawers
19. Clean up your purse, wallet or handbag. Throw out old receipts you don't need
20. Vacuum your car and throw away any rubbish
21. Wash the outside of your car. Wax it too if you have the supplies. Park over your lawn to water your grass at the same time
22. Tidy your garden or balcony. Remove weeds and add some flowers or herbs
23. Tidy your garage. Throw away, donate or sell things you no longer need
24. Tidy your shed or storage unit. Maybe you can cancel your storage unit lease
25. Tidy your movie collection. Do you still need dvds when you have Netflix?
26. Tidy your music collection. Transfer cd's to your computer to load them to your phone, ipod or mp3 player
27. Check all the lightbulbs and battery operated items in your home work
28. Go through your first aid kit. Throw out expired items and replace missing items
29. Go through your pet's items. Throw out damaged toys and clean their bedding or enclosure
30. On the last day of the challenge, make a trip to the dump for large rubbish items and a trip to cash converters for items of value You can also try selling items on gumtree or facebook marketplace

